<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>Menu Approved By: Ann Stahlheber MS, RDN, LD</td>
<td>*Meatballs 3-1 oz</td>
<td>*Chicken Alfredo 3 oz</td>
<td>*Hamburger 3 oz</td>
<td>2-2 oz. *Stuffed Shells</td>
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<td>*WG Spaghetti ½ c w/ Sce 2 oz</td>
<td>*Sliced Turkey, 3 oz</td>
<td>*Sauce 2 oz/ *Noodles ½ c</td>
<td>*Mustard &amp; Ketchup 1 PC each</td>
<td>*w/Sauce 2 oz</td>
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<td>*California Blend ½ c</td>
<td>*Mashed potatoes ½ c w gravy</td>
<td>*Broccoli ½ c</td>
<td>*Baked Beans ½ c</td>
<td>*Zucchini ½ c</td>
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<tr>
<td>*Spinach ½ c /1 Lemon PC</td>
<td>*Harvard Beets ½ c</td>
<td>*Cauliflower ½ c</td>
<td>*Seasoned Potato Wedges ½ c</td>
<td>*Lima Beans ½ c</td>
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<tr>
<td>Whole Grain White</td>
<td>W.G. Dinner Roll, 1 oz</td>
<td>Whole Grain Wheat</td>
<td>Whole Grain Bun</td>
<td>2 Whole Grain Wheat</td>
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<tr>
<td>Apricots, ½ c</td>
<td>**Cereal bar 1 oz</td>
<td>Fresh grapes 1 c</td>
<td>Pears ½ c</td>
<td>Apple Juice ½ c</td>
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<td>ALT = CS</td>
<td>Peaches ½ c</td>
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Note: Box Lunch Default Menu choice is shown in the right hand corner of each day.

“T” = Tuna, “TR” = Turkey, “RB” = Roast Beef
ALT CS = Chicken Salad with Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast